



**MNZ Trail Ride Rules**

**15 May 2014**

**By Nick Reader**

**Foreword**

These MNZ trail ride event rules are taken from, and should be read in conjunction with, the document “MNZ Trail Ride Safety Management Plan”

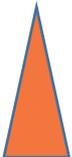
**COMMUNICATIONS**

**RULE**

Must have a communication system in place so the Steward knows about any incidents on the track within 30 minutes of the incident occurring so that a response to the incident can be actioned quickly.

**COURSE MARKING SIGNAGE – MUST BE USED**

	<p>Right turn 90 degrees</p>
	<p>Left turn degrees</p>
	<p>Right turn sharp with possible danger</p>
	<p>Left turn sharp with possible danger</p>
	<p>Right turn - moderate</p>

	Left turn - moderate
	Downhill straight
	Straight ahead
	Danger
	Danger - significant
	Wrong Way
	Go between

Novice trails are to be marked with arrows coloured ???

Expert trails are to be marked with arrows coloured ???

#### WARNING ARROWS

Turn warning arrows must be placed prior to sharp turns off high speed sections.

#### HEAD ONS

If by missing an arrow the riders place themselves in a potential head on situation then tape or an orange mesh plastic fence must be placed across that track.

#### MERGING TRAILS

Where 2 tracks merge, the following procedure is actioned;

1. RULE: Both approaches must be marked with at least three down arrows indicating for the riders to slow down and take care.

2. RULE: 2 sets of crossed arrows indicating wrong way must be placed 10 metres or so backwards up the 2 trails to deter riders accidentally riding backwards on the trail.

#### DANGER CLIFF

Where there is a possibility of a rider accidentally riding over a cliff/large bank that could cause serious harm then the following procedure is actioned;

1. RULE: The course will be constructed so that the riders speed is reduced to approximately 20 km per hour maximum.
2. RULE: Down arrows will be placed prior to the cliff to indicate danger.
3. RULE: Tape or Orange mesh fencing will be placed as a barrier to the cliff.

#### COURSE AUDIT

The entire course must be checked prior to the first rider riding the trail.

The course must be audited by someone from the Club who has not set the track out – working with a club member who did set the track out.

Elements to be checked include;

- Course marking
- Hazards eliminated or isolated or minimised
- Course signs out every 5km minimum
- Track conditions

#### EQUIPMENT

All equipment used must be fit for purpose and if necessary – certified for use. Practical examples mean staff motorcycles in good condition, Side by Sides and ATV's regularly serviced with good tread on tyres and correct tyre pressure, all vehicles used to have current WOF and Registration, chainsaws to have kick back brakes and mits. Someone in the Club must be responsible for checking the condition of key equipment prior to it being used.

Fire extinguishers must be charged and within the approved test period.

All field staff MUST wear a fluorescent hi visibility vest.

If working at night, the vest must feature night reflectivity and are called class D/N.

#### EMERGENCY SERVICES NOTIFICATION

The following emergency services must be notified of the event at least 2 weeks prior to the event (Should do one month prior). Send the event operations plan, map and some GPS locations for helivac points. Ensure you use the same GPS settings as the rescue helicopter.

- St John
- Police
- Fire
- Rescue Helicopter

## INSURANCE

All clubs must be affiliated, paid members of Motorcycling NZ and therefore hold the appropriate insurance required. MNZ provides comprehensive insurance for MNZ permitted trail rides. This insurance will cover clubs for up to \$10,000,000.

## MEDICAL STAFF QUALITY AND QUANTITIES

A minimum of 2 medical staff are required to attend each event regardless of numbers.

The medical staff must include a minimum of one Intensive Care Paramedic or equivalent.

There must be a minimum of one medic (At Paramedic level or above) for every 250 riders.

Events must not start or continue without the required medical resource on site.

The base must contain a sheltered location to treat the volume of injured riders expected – can be an ambulance (must stay on site) or waterproof and windproof tent.

The event medics must be familiar with the course and terrain or have a medical driver or escort who is familiar with the terrain and can therefore locate injured persons efficiently.

## RIDER BRIEFINGS

The Club must provide an effective briefing for all riders including disclosure of risk.

Options for briefings include:

- website
- paper briefings read by riders at registration
- paper briefings given to riders
- written on signs (ie course marking)
- on a white board (eg track conditions, lengths, weather)
- verbal
- video

Note it is critical that the information is clear with no conflicting information.

## REGISTRATION

Prior to riding, every rider be briefed, and agree to comply with the event rules with evidence of this agreement to comply collected and recorded.

The Event Secretary is responsible for Registration.

The agreement of the rider to comply with event rules may be called a PARTICIPATION AGREEMENT.

Information gathered from the entrant must include rider:

- name
- phone number
- car registration plate number of the car they are travelling in
- emergency contact name and number (stress that this person must be available all day on event day)

#### REFER DOCUMENT – MOTORCYCLING NEW ZEALAND TRAIL RIDE RULES FOR RIDERS

Any riders who rode to the event (ie did not take a car) must state that when entering and must sign out at the end of the event.

A post event check of all vehicles left at the event car park must be done towards and at the end of the event. If any vehicles are left, then the person will be rung. If not located then Police are to be called on 111 who will likely initiate a Search and Rescue.

Riders under 18 year or under on the day of the event must have an Adult 18 years or over on the day of the event sign the participation Agreement. The adult must be responsible for the Minor throughout the event.

Riders must be given some form of identification for 2 purposes:

1. So you know they have been briefed and have agreed to the PARTICIPATION AGREEMENT
2. To identify them if they are unconscious

Rider identification options:

1. Rider number on sticker on helmet
2. Write the riders number on a bracelet
3. Write the number using a vivid pen on the back of the rider's hand.

All riders must be given the Event Emergency contact phone number if there is cell phone coverage at the event.

#### STAFF

RULE: Staff must have the skills, qualifications and experience required for their role.

RULE: All staff must be well briefed so they know exactly what they are doing, are aware of risks and know the emergency plans.

The minimum age for event staff is 12 years.

The minimum age for staff on the course is 16 years.

The minimum age for staff on course in high risk or isolated positions is 18 years.

## MOTORCYCLING NEW ZEALAND TRAIL RIDE RULES FOR RIDERS

Riders (Or Legal Guardians) must read, understand, sign to abide by and obey these rules prior to taking part in this event.

1. All riders must read or understand the event rules and sign the PARTICIPATION AGREEMENT before riding.
2. Ride slowly in the base at first gear/walking pace maximum. Use the base access roads if provided. Do not rip up grassy areas. No wheelies.
3. Wear the correct safety gear when riding – refer below.
4. All motorcycles to be in sound mechanical condition.
5. Only use the trails within the hours specified. Do not go out on the trails before the trails are open or after the trails are closed.
6. Stay on the marked tracks. Do not take shortcuts other than proper shortcuts marked by the event.
7. Obey all arrows. 2 crossed arrows indicate the wrong way, down arrow/s indicate slow down for potential danger. Never ride backwards against the arrows.
8. Stay left at all times as there could be other people and vehicles in the venue.
9. Ride within your capabilities and vision.
10. If you are passing another rider then it is YOUR responsibility to pass safely
11. If you break down, push your bike off the trail to be safe, but stay near the trail. Wait for event staff or ring the base for assistance, or send another rider for help. A recovery vehicle will be despatched when possible. Once back at base, report to sign on to confirm that you & your bike are back.
12. If injured, stay with your bike near the trail. Try to make yourself safe and comfortable. Ring the base if you can or wait for help. The next rider on the scene must stop and assist the injured rider. Make sure that oncoming riders cannot hit the injured person or yourself. Ring the base phone numbers if there is phone coverage. Next rider on the accident scene needs to get help. Ride to get mobile phone coverage or follow the track to base to get medical help. Only use proper marked short cuts to get home faster. If you think you may have been reported injured, but make it back to base, please report to sign on to say that you are back safe.
13. Riders are to be drug and alcohol free.
14. There is no smoking
15. Light no fires

### Compulsory protective gear:

1. motorcycle helmet in good condition
2. boots that are well constructed, either all leather or leather uppers or leather substitute and solid rubber sole not less than 25cm from the inner sole to the top of the boot
3. Jerseys - long sleeved heavyweight cotton or similar type fabric
4. sturdy long trousers.
5. If cold or wet then a jersey or rain jacket is compulsory.
6. Gloves, goggles, knee pads, and body armour are strongly recommended.

#### Notes:

Ag farm style helmets are NOT accepted.

There is no plan to check motorcycles or rider protective gear at this stage

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